

Past Speakers

Ernie Cooper, Granite Bay HS

Dan Hawkins, Colorado

Bob Gregory, Cal-Berkeley

Justin Wilcox, Boise State

Ed Carberry, Monte Vista HS

Dave Humphers, Nevada Union HS

Steve Valach, Liberty HS

Dietrich Moore, Univ. of Oregon

Kevin Swartwood, Buhach Colony HS

Max Miller, Rancho Cordova HS

Gordy Elliott, Auburn HS

Sponsored by:



COST

Pre-registration per coach\$35

Day of clinic.....\$40

Cost includes clinic, food and beverages

Pre-registration deadline:
On or Before April 20th, 2009

ACCOMMODATIONS

The following hotel is offering discounted rates during the clinic. Make reservations under "Coaches Clinic" by 4/20/09 to ensure available rooms.

PHOENIX INN NORTH 503-581-7004
1590 Weston Ct. NE



2009

**WILLAMETTE UNIVERSITY
BEARCAT OFFENSIVE AND
DEFENSIVE FOOTBALL
CLINIC**



Featuring Mark Speckman, the Fly Offense, and a full itinerary focused on offensive and defensive techniques and drills.

*May 1st-2nd, 2009
WILLAMETTE UNIVERSITY
SALEM, OREGON*

**FEATURING THE WILLAMETTE
UNIVERSITY FOOTBALL STAFF AND
GUEST SPEAKERS**

CLINIC SCHEDULE

Friday May 1st

Dinner on Own

5:00 pm – 6:00 pm

Registration

6:00 pm – 6:20 pm

Clinic Kickoff

Mark Speckman (Willamette University)

6:30 pm – 7:45 pm

Willamette Football Spring Practice

8:15 pm – 9:00 pm

Intro to the Fly

Mark Speckman (Willamette University)

Foundations of a Defense

Nathan Naggi (Willamette University)

9:10 pm – 10:00 pm

Offensive Topic (TBA)

Guest Speaker (TBA)

10:00 pm – 11:00 pm **Social Hour**

SATURDAY, MAY 2nd

8:00 am – 8:30 am

Registration (*Coffee, Juice, Donuts*)

8:30 am – 9:15 am

Offensive Topic (TBA)

Guest Speaker (TBA)

9:30 am – 10:15 am

Adding the Shotgun to Fly Principles

Mark Speckman (Willamette University)

10:30 am – 11:15 am

Pass Protection concepts in the Fly

Glen Fowles (Willamette University)

Linebacker Technique and Run Fits

Nathan Naggi (Willamette University)

11:30 am – 12:15 pm

Improving Athleticism with Offseason Conditioning

Glen Fowles (Willamette University)

D-Line Pass Drills and Techniques

Tanner Smith (Willamette University)

12:15 – 1:00 **Lunch**

1:00 pm – 1:25 pm

The DSV Video System

Rick Anderson

1:30 pm – 2:00 pm

Adding Pass concepts to the Fly

Mark Speckman (Willamette University)

Defensive Back Drills and Techniques

Tony Cassinerio (Willamette University)

2:15 pm – 2:45 pm

Offensive Topic (TBA)

Guest Speaker (TBA)

2:45 pm – 3:30

Q & A in Hospitality Room

REGISTRATION FORM

COACH'S NAMES:

SCHOOL:

CONTACT PHONE:

Make checks payable to: Willamette
Football Clinic

Return to: Willamette University Football
900 State St.
Salem, OR 97301

QUESTIONS: NATHAN NAGGI: 503-375-5351 or
nnaggi@willamette.edu