

New World Rowing presents the

4th Annual Tough Love Indoor Rowing Championships

Sunday, February 17th, 2008, 8:00am – 12:30pm

Howard Hall, University of Portland, Portland, Oregon

Submitted by Susan Parkman

Beautiful sunny calm day, 61 degrees, but we were inside an old wooden floored gym.

Masters age adjusted using the USRowing Master Age Handicap chart, multiplied by 2, since it was 2K.

Men's Masters, Age 49 and younger

Place	Name	Club	Age	Adjusted 2K time	Actual 2K time
1	Simon Cooper	WRC	48	6:16.5	6:30.3
2	Brad Vandewettering	WRC	45	6:29.8	6:38.6
3	Richard Williams	WRC	41	6:36.6	6:39.8
4	Charles Henderson	WRC	38	6:39.7	6:39.7
5	Luis Ruedas	WRC	47	6:40.0	6:52.5
6	Steve McCarthy	Unaf.	49	6:52.5	7:08.3
7	Kent McCleary	Renton RC	39	7:04.1	7:05.1
8	Mark Poulin	WRC	45	7:20.5	7:29.3
9	Dan Pence	ORU	49	7:35.6	7:51.4

Men's Master, Age 50 +

Place	Name	Club	Age	Adjusted 2K time	Actual 2K time
1	Stephen Wade	Olympia AR	54	6:42.2	6:47.2
2	Bill Byrd	WRC	57	6:43.6	6:56.0
3	Tiff Wood	WRC	55	6:45.2	6:52.6
4	Stu Brown	WRC	62	6:47.9	7:14.5
5	John Rudoff	WRC	60	6:49.2	7:09.8
6	Kent Pearson	LOCR	50	6:52.6	6:52.6
7	Brad Smith	LOCR	53	7:00.2	7:03.0
8	Jim Kratochvil	WRC	59	7:02.6	7:20.4

Women's Master, All ages 27+

Place	Name	Club	Age	Adjusted 2K time	Actual 2K time
1	Kate Benson	WRC	29	7:40.4	7:40.4
2	Heather Roley	WRC	32	7:49.3	7:50.1
3	Sonya Bastendorff	WRC	31	8:04.7	8:05.1
4	Katerina DeMetz	ORU	39	8:18.4	8:24.4

Men's Junior

Place	Name	Club	2K time
1	JC Russell	VLC	6:34.3

2	Reiner Hershaw	VLC	6:40.2
3	Pat Marre	RCRC	6:41.7
4	Matt Van Eerden	RCRC	6:45.1
5	Cameron McAlpine	RCRC	6:48.8
6	Shane McCabe	RCRC	7:22.7
7	Earnon Smith	OAR	7:36.6
8	Sam Jacobs	RCRC	8:11.9
9	Liam McCormick	OAR	8:26.3

Women's Junior

Place	Name	Club	2K time
1	Anneke Gronke	RCRC	7:43.6
2	Isabelle Prosser	RCRC	7:45.9
3	Hannah Silver	RCRC	7:53.8
4	India DuBois	RCRC	7:59.0
5	Rose Perrone	RCRC	8:22.6

Coxswain's 500 meter dash

Place	Name	Club	500m time
1	Erica Soma	WU	1:57.0
2	Kit Crossland	ECC	1:58.3
3	Kyleen Vanderhoeff	ECC	2:02.0

Men's Open Novice

Place	Name	Club	2K time
1	Nathan Keefer	WU	7:13.1
2	Luke Johnson	WU	7:21.5
3	David Solomon	WU	7:33.1
4	Paul McKean	WU	7:40.5
5	Peter Henry	WU	7:44.5
6	PJ Greiss	UP	7:47.3
7	Dave Reid	WU	7:52.1

Women's Open Novice

Place	Name	Club	2K time
1	Stina Thorburn	WU	7:52.8
2	Geneva Hooten	WU	7:56.7
3	Fran Clawson	WU	7:57.2
4	Brittany Powers	UP	7:59.5
5	Jamaica Sweet	WU	8:05.0
6	Amanda Watson	PSU	8:06.3
7	Miranda Gray	UP	8:20.1
8	Meghan Veiga	UP	8:38.7
9	Emily Yates	UP	8:46.7

10	Kyla Barr	WU	8:55.2
11	Brianna Bankston	PacificU	9:21.2

Men's Open Light Weight

Place	Name	Club	2K time
1	John Roberts	UP	7:27.2
2	Topher French	PSU	7:30.3
3	Travis Vandinh	UP	8:04.7

Men's Open Novice Light Weight

Place	Name	Club	2K time
1	Bobby Manson	UP	7:37.6
2	Cole Hunter	UP	7:45.7

Women's Open Novice Light Weight

Place	Name	Club	2K time
1	Kesa Sovulewski	WU	8:19.0
2	Lauren Pressler	WU	8:35.8
3	Leslie Schultz	WU	8:44.9
4	Christine Kelly	WU	8:54.0
5	Kara Hafkey	WU	9:01.0
6	Ariana Alibabie	WU	9:04.7
7	Ilana Greenslade	WU	9:07.1
8	Erika Michelotti	WU	9:09.9
9	Natalia Povelite	WU	9:10.7
10	Linnea Schuster	WU	9:22.0
11	Kendra Kennedy	WU	9:32.8

Women's Open Light Weight

Place	Name	Club	2K time
1	Nicole Lamb	ECC	8:08.9
2	Morgan Berry	UP	8:10.5
3	Katy Scherrer	ECC	8:18.2
4	Emily Mitchell	WU	8:36.2
5	Sohpia Antonelis-Lapp	ECC	8:39.1
6	Monica Victor	ECC	8:41.1
7	Jessica Moser	PU	8:42.1
8	Liz Ullery	ECC	8:47.7
9	Lacey Ellingson	WU	9:06.3
10	Elizabeth Roark	PU	9:16.3

Men's Open

Place	Name	Club	2K time
1	Zeph Halsey	VLC	6:27.0
2	James Wood	WRC	6:31.8
3	Gabe Nagler	LCC	6:39.7
4	West Livadias	LOCR	6:54.3

5	David Greeley	Unaf.	7:00.9
6	Chris Brox	UP	7:04.8
7	Patrick Harbison	LORC	7:07.1
8	Reid Vandewiele	PU	7:13.2
9	Paul Shoen	LOCR	7:15.4
10	Dan Warren	WU	7:22.6
11	Tom Naylor	PU	7:30.8
12	Randall Cass	WU	7:35.1

Women's Open

Place	Name	Club	2K time
1	Laura Jones	WU	7:26.0
2	Hilary Andrus	WU	7:28.8
3	Leslie Eddy	UP	7:47.5
4	Jess Asbridge	LCC	7:55.9
5	Mallory Hagel	ECC	7:58.3
6	Myrna Keliher	ECC	8:02.0
7	Phoebe Faulds	ECC	8:02.6
8	Caitlin Dilli	WU	8:04.2
9	Jennie Russ	ECC	8:10.5
10	Makenna Bauder	ECC	8:13.1
11	Alexis Sheek	LCC	8:14.3
12	Anamaria Worswick	ECC	8:17.5
13	Julie Vernarsky	WU	8:24.1
14	Larissa Rogge	ECC	8:27.4
15	Tori Needer	ECC	8:27.5
16	Ami Maxwell	ECC	8:28.1
17	Callie Vandewiele	PU	8:30.2
18	Marieke Gerritsen	ECC	8:49.2
19	Jenny Latham	ECC	8:51.0
20	Jessica Cornwell	PU	8:52.0
21	Malia Gonsalves	PU	8:54.1
22	Megan Delph	WU	8:54.2

Relay Races: Any four rowers, but at least two rowers must be women. Each rower rows 500 meters in order for the team to reach 2000 meters. Whichever team completes 2000 meters first, wins.

Relay Races

Place	Team Name	Rowers	Club Affiliations	2K time
1	"Roba Henwo All-Stars"	James Wood Sonya Bastendorff Charles Henderson Heather Roley	WRC WRC WRC WRC	6:29.5
2	"Catch Us If You Can"	JC Russell Kate Benson	VLC VLC	6:34.1

		Zeph Halsey Laura Jones	VLC WU	
3	"The Somas"	Luke Johnson Geneva Hooten David Solomon Hilary Andrus	WU WU WU WU	6:59.5
4	"WU Crew"	Kesa Sovulewski Dan Warren Nathan Keefer Stina Thorburn	WU WU WU WU	7:05.4
5	"The Boxers"	Callie Vandewiele Malia Gonsalves Tom Naylor Reid Vandewiele	Pacific U Pacific U Pacific U Pacific U	7:13.8
6	"Schneller"	Ana Waorswick Liam McCormick Jennie Russ Eamon Smith	OAR OAR ECC ECC	7:39.0
7	"Fish Tale"	Katie Scherrer Myrna Keliher Makenna Bauder Mallory Hagel	ECC ECC ECC ECC	7:43.4

Key to the Clubs:	
ECC – The Evergreen College Crew LOCR – Lake Oswego Community Rowing LCC – Lewis & Clark College OAR – Olympia Association of Rowing ORU – Oregon Rowing Unlimited Pacific U – Pacific University PSU – Portland State University	RCRC – Rose City Rowing Club RRC – Renton Rowing Club Unaf. – Unaffiliated UP – University of Portland VLC – Vancouver Lake Crew WRC – Willamette Rowing Club WU - Willamette University