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<tr>
<th>Organization</th>
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<th>Opportunities</th>
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<td>Adaptive Riding Institute</td>
<td>Scotts Mills Oregon</td>
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<tr>
<td>Albany General Hospital</td>
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<td>American Cancer Society</td>
<td>Portland, Oregon</td>
<td>Volunteer/Internship</td>
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<td>American Medical Response</td>
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<td>Career/Internship</td>
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<td>American Red Cross</td>
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<td>Cascade AIDS Project</td>
<td>Portland, Oregon</td>
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<td>City of Salem-Senior Center</td>
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<td>Easter Seal’s Children’s Therapy Center</td>
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<td>Juliette’s House</td>
<td>McMinneville, Oregon</td>
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<td>Make A Wish Foundation: Oregon Chapter</td>
<td>Portland, Oregon</td>
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<td>Marion County Health Department</td>
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<td>Portland, Oregon</td>
<td>Volunteer/Internship/Research</td>
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<td>Oregon Health Action Campaign</td>
<td>Gresham, Oregon</td>
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<td>Pinnacle Healthcare Inc.</td>
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<td>United Methodist Retirement Center</td>
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<td>Volunteer</td>
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Adaptive Riding Institute

The mission of the Adaptive Riding Institute is to improve the lives of special needs children and adults through innovative Equine Assisted Recreational Therapies of the highest quality. Health, Happiness and Healing through Horses promotes wellness, enhances capabilities and fosters independence. Our client-centered programs offer safe and rewarding activities aided by our extraordinary horses, experienced staff and dedicated volunteers.

How to get involved:

To apply for a volunteer position, please complete the application found by accessing this link: 

Volunteer Coordinator
info@adaptiveridinginstitute.org
503.873.3890
Adaptive Riding Institute
PO Box 280
Scotts Mills, Oregon 97375

Albany General Hospital Network

http://www.samhealth.org/givingvolunteering/volunteering/volunteerprograms/Pages/default.aspx

Albany General Hospital offers several volunteer programs including the adopt-a-grandparent program and the hospice volunteer program.

How to get involved:

View Volunteer Application forms for each hospital online. You will need to submit the required materials for each.

Contact
Varies; please view website for more information
American Cancer Society

http://www.cancer.org/
A nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer, through research, education, advocacy, and service.

How to get involved:
To apply for a volunteer position, please complete the application found by accessing this link: https://www.cancer.org/involved/volunteer/app/sign-up-to-volunteer

Contact Information:
Mandi Hollen, Director of Quality of Life
mandi.hollen@cancer.org
American Cancer Society
330 SW Curry St
Portland, Oregon
(503) 295-6422/ (503) 795-39850
97239

American Medical Response

www.amr.net
AMR serves more communities and customers than any other private ambulance service provider in the nation. AMR employees also participate in the communities where they live and work. As medical service providers and as neighbors, your needs are our concerns. Nearly 17,000 paramedics, emergency medical technicians (EMTs), nurses, doctors and support staff combine to make up the strength of a national company with personalized care.

How to get involved:
To discuss career/internship opportunities, contact: Jennifer Flores.

Contact Information:
Jennifer Flores
jennifer.flores@emsc.net
American Medical Response
SE 2nd Street
Portland, Oregon
(503) 295-6422/ (503) 795-39850
97214-1000
American Red Cross

http://www.redcross-salem.org/
The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the fundamental principles of the International Red Cross movement, will provide relief to victims of disaster and help people prevent, prepare for, and respond to emergencies.

How to get involved:
To volunteer, send email to wyckoffm@usa.redcross.org

Contact Information:
Amanda Connor, Health and Safety Director
vc@recross-salem.org
(503)585-5414

The ARC; Marion County

http://www.thearcmarion.org/
The Arc of Marion County is offering free lifetime memberships to everyone who wants to support people with developmental disabilities. Contact us or complete a membership request card during the party or a future dance.

How to get involved:
Contact President of Branch to learn about volunteer opportunities.

Contact Information:
Cathie Woodward, President of Branch
CathieWoodward@msn.com
(503) 689- 7589
The ARC, Marion County
PO Box 12474
Salem, Oregon
97309
**Cascade AIDS Project**

[www.cascadeaids.org](http://www.cascadeaids.org)

We could not do the work we do without the support of our committed and competent volunteer staff. Our goal is to create volunteer experiences that are fulfilling, meaningful and most important, help the people we serve.

**How to get involved**

Volunteer: Contact volunteer coordinator or visit volunteer page to view opportunities and to apply.

Internships: Contact volunteer manager, Judith Rizzio, to discuss internship opportunities.

**Contact Information**

Marc Kochanski, Volunteer Coordinator  
[mkochanski@cascadeaids.org](mailto:mkochanski@cascadeaids.org)

Judith Rizzio, Manager Volunteer Resources  
[jrizzio@cap.xpdevel.com](mailto:jrizzio@cap.xpdevel.com)

(503) 223-5907

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**City of Salem Senior Center**

[http://www.cityofsalem.net/Residents/Senior%20Center/Pages/default.aspx](http://www.cityofsalem.net/Residents/Senior%20Center/Pages/default.aspx)

Center 50+ is a growing, dynamic organization poised to meet the evolving needs of the 50+ population of today and tomorrow. The Center welcomes input from new participants and partners to help develop a center that meets the needs of those ages 50 and older and serves the community.

**How to get involved**

Contact Barth Kanoe for volunteer opportunities at the Senior Center, or check the Senior Center website (accessible by the link listed above) for open volunteer positions.

**Contact Information**

Barth Kanoe/ Marilyn Daily  
[kbarth@cityofsalem.net](mailto:kbarth@cityofsalem.net)

(503) 588-6303  
97301
Community Action Drug Prevention Network

http://www.mwvcaa.org/cadpn/
The Community Action Drug Prevention Network (CADPN) mission is: to reduce the abuse of alcohol, tobacco, and other drugs in youth and adults over time.”

CADPN collaborates with a coalition of non-profit agencies, government organizations, law enforcement, city, county and community members to help prevent and reduce alcohol, tobacco and drug use among youth and adults, primarily in the Salem and Keizer communities of Marion/Polk County.

How to get involved
Contact Denise Russell for volunteer and internship opportunities.

Contact Information
Denise Russell, Program Coordinator
russelld@mwvcaa.org
(503) 585-6232

Community Action Drug Prevention Network
2475 Center St. NE
Salem, Oregon
97301

Doernbecher’s Children Hospital

http://www.ohsu.edu/xd/health/services/doernbecher/about-us/index.cfm
At Doernbecher, more than 1,000 doctors and staff are dedicated to diagnosing and treating common illnesses and complex diseases in children. We are dedicated to kids, which is why you will find more children's specialists here than anywhere else in Oregon. OHSU Doernbecher offers the region’s broadest range of pediatric treatments – to more children in more places than any other hospital in Oregon or Southwest Washington.

How to get involved
Contact the Volunteer Services to learn more about volunteer opportunities. Some volunteer opportunities are listed on the website, and required you to apply via the online application service.

Contact Information
Volunteer Coordinator
volunteer@ohsu.edu

Doernbecher Volunteer Services
3181 SW Sam Jackson Park Road
Mail code: DC3E
Portland, OR 97239

503 418-5376
Easter Seal’s Children’s Therapy Center

http://or.easterseals.com/site/PageServer?pagename=ORDR_homepage

Easter Seals Oregon provides exceptional services to ensure that children and adults with autism and other disabilities or special needs and their families have equal opportunities to live, learn, work and play in their communities.

How to get involved:
View volunteer opportunities on their website. You will also need to register on the website in order to apply for a volunteer position.

View opportunities at:

http://or.easterseals.com/site/PageServer?pagename=ORDR_volunteering

Contact:
Courtney Casey
(503) 228-5108
Easter Seal’s Children’s Therapy Center
5757 Southwest Macadam Avenue
Portland, Oregon
97239

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Event Medical Services

http://www.eventmed.us/

Volunteer with EMS; professional and fun interactions with individuals who share your interests. If you’re First Aid/CPR certified, you’re qualified. Serve as the medical assistance at local events.

How to get involved:
Contact Ron Forbes for more information on how to participate.

Contact:
Rob Forbes
Ron@eventmed.us
Hospice Care Northwest

http://www.harborlighthospice.com/Oregon/

Hospice Care of the Northwest is a philosophy of care that assists patients, family, and friends, during the final stages of a terminal illness. Hospice Care of the Northwest promotes dignity and emphasizes quality of life for those who choose to die in familiar surroundings with those they love. Hospice services can be provided at home, a skilled nursing facility or an assisted living center.

How to get involved:
Contact volunteer coordinator to apply for a volunteer Position.

Contact:
Katherine Oulette Blair, Volunteer Coordinator
volunteersa@hospicecarenw.com
(503) 485-0840 (1-877-263-7778)

Hospice Care Northwest
2290 Commercial St., SE, suite 108
Salem, Oregon
97302

Juliette’s House

http://www.julietteshouse.com/

Juliette’s House was created to provide a compassionate community-wide response to child abuse. Serving Yamhill and Polk Counties, Oregon, Juliette’s House works collaboratively with law enforcement, child protective services and other community partners to perform independent medical and forensic assessments for suspected child abuse, offers treatment options and referrals to the children and their families, provides support and follow-up services to children and their families, and serves as a focal point for child abuse intervention services.

How to get involved:
Contact volunteer coordinator to discuss and apply for a volunteer Position.

Contact:
Kathleen Coleman, Volunteer Coordinator
kathleen@julietteshouse.com
(503) 687-1312

Juliette’s House
Child Abuse Intervention Center
1075 SW Cedarwood Avenue
McMinnville, Oregon
97128
Make a Wish Foundation (Oregon Chap.)

http://orwish.org/

The Make-A-Wish Foundation® of Oregon grants wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy. We fulfill our mission with the help of more than 200 dedicated volunteers statewide and a small professional staff. In addition, a volunteer Board of Directors governs the chapter.

How to get involved:
View websites for volunteer opportunities and application process.

Contact:
Kara Minkoff, Volunteer Services Manager
Make a Wish Foundation
2000 SW 1st Avenue, Suite 410
Portland, Oregon
97201

(503) 292-2280

Marion County Health Department

http://www.co.marion.or.us/HLT/

The Marion County Health Department, in collaboration with community partners, provides and purchases high quality services which promote individual and community health to all people in Marion County.

How to get involved:
Contact Volunteer Coordinator for more information on volunteer opportunities.

Contact:
Glen Chaplin, Volunteer Coordinator
volunteer@co.marion.or.us
Marion County Health Department
325 13th St NE
Salem, Oregon
97301

(503) 364-6552
Medical Team International

http://www.medicalteams.org/sf/get_involved/volunteer.aspx

Our volunteers, staff and supporters form a closely knit team that is deeply committed to facilitating lasting solutions for people suffering from disaster, conflict and poverty in 70 countries. Medical Team International provides numerous volunteer opportunities including clerical work, becoming a greeter at the REAL exhibit, participating in the Mobile Dental program, Speaker Bureau or the Distribution Program.

How to get involved:
Complete application form and contact Karie Hamilton for further inquiry.

Contact
Karie Hamilton
khamilton@medicalteams.org
Medical Team International
P.O Box 10
Portland, Oregon
97207

Mercy Corps

http://www.mercycorps.org/volunteer

Mercy Corps helps people turn the crises they confront into the opportunities they deserve. Driven by local needs, our programs provide communities in the world’s toughest places with the tools and support they need to transform their own lives. Our worldwide team in 36 countries is improving the lives of 19 million people.

How to get involved:
Call Oregon volunteer coordinator to learn more about Portland based volunteer opportunities.

Contact:
Tori Gustaveson Flanigan
Volunteer Coordinator
Mercy Corps
P O Box 2669 Dept. W
Portland, Oregon
97208
(503) 896-5011
Mid-Valley Women’s Crisis Center
http://www.mvwcs.com/

The Mid-Valley Women's Crisis Service offers a safe refuge and support to women and children who survive domestic and sexual violence. Our programs and services inform survivors of their options and support them in their choices. A cornerstone of our philosophy is respect for the survivor's rights including the right to decide whether to report to the police the crime or crimes committed against her. We work with survivors of any race, color, creed, religious belief, or sexual orientation.

How to get involved:
Contact volunteer coordinator to discuss opportunities.

Contact:
Emily Trussel, Volunteer Coordinator
clara@mvwcs.com
(503) 378-1572

Mid-Valley Women’s Crisis Center
795 Winter St NE
Salem, Oregon
97301

Morrison Child and Family Services
www.morrisonkids.org

Morrison Child and Family Services is a non-profit organization that delivers specialized services to children, from birth through age 18, and families coping with adversity and trauma. We respect the complexity of human nature and human needs—we guide children and their families through difficult issues by tailoring treatment plans to address individuals' needs and help them live productive lives.

How to get involved:
Submit an application and questionnaire to Volunteer Coordinator to apply and learn more about volunteering.

Contact:
Rebecca Frinell, Volunteer Coordinator
volunteer@morrisonkids.org
(503) 378-1572

Morrison Child & Family Services
9911 SE Mount Scott Boulevard
Portland, Oregon
97266
Oregon Department of Human Services

http://www.oregon.gov/DHS/

The Department of Human Services (DHS) is Oregon’s principal agency for helping Oregonians achieve wellbeing and independence through opportunities that protect, empower, respect choice and preserve dignity, especially for those who are least able to help themselves.

How to get involved:
Contact Volunteer Coordinator for further information on volunteer opportunities.

Contact:
Tracy Strohmeyer, Volunteer Coordinator
Oregon Department of Human Services
500 Summer St NE E22
Salem, Oregon
97301
(503) 945-5944

Oregon Foundation of Reproductive Health

http://www.prochoiceoregon.org/

To develop and sustain a constituency which effectively uses the political process to guarantee every woman the right to make personal decisions regarding the full range of reproductive choices, including preventing unintended pregnancy, bearing healthy children, and choosing legal abortion.

How to get involved:
View online form to inquire about volunteer opportunities. Internship opportunities are found on the job listings page.

Contact:
Caryn Servis, Volunteer & Field Coordinator
Oregon Foundation of Reproductive Health
PO Box 40472
Portland, Oregon
97240
(503) 223-4510 EXT. 13
Oregon Health Sciences University

http://www.ohsu.edu/xd/health/how-you-can-help/volunteer/

Our program is built around very special people—people like you who care enough about others to give of your time and talent to support patients, visitors, and staff throughout OHSU. New innovative services are continually being developed to assist staff and patients and to develop the potential in each individual volunteer.

How to get involved:
View volunteer opportunities and apply online.

Contact:
Raul Serrano, Dept. of Volunteer Services
volunteer@ohsu.edu
(503) 418-5376

Contact:
OHSU, Dept. of Volunteers
3181 SW Sam Jackson Park Rd MC UHS-21
Portland, Oregon
97201

Oregon Health Action Campaign

http://www.ohac.org/

The Oregon Health Action Campaign (OHAC) is a 25 year-old organization whose mission is to empower the consumer voice in the development of health systems that give all people access to the care they need, when they need it, from providers of their choice at an affordable cost.

How to get involved:
Contact the Director of Community Engagement to discuss opportunities.

Contact:
Onofre Contreras
Dir. of Community Engagement
onofre@ohac.org
(503) 489-1130

Oregon Health Action Campaign
2870 NE Hogan
Suite E, Box 432
Gresham, OR 97030
## Oregon School for the Deaf

[http://www.osd.k12.or.us/content/volunteer-program-0](http://www.osd.k12.or.us/content/volunteer-program-0)

Volunteers play an important role in supporting the work and mission of OSD. They assist with academic programs, recreation, fundraising, campus activities, and program support. Volunteers are recruited, trained, and supervised by the Outreach Program.

### How to get involved:

View volunteer opportunities on website (link listed above). To apply, complete online [application form](http://www.osd.k12.or.us/content/volunteer-program-0) and view [volunteer conditions form](http://www.osd.k12.or.us/content/volunteer-program-0).

### Contact:

<table>
<thead>
<tr>
<th>Sharla Jones, Volunteer Contact</th>
<th>Oregon School for the Deaf</th>
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<tbody>
<tr>
<td><a href="mailto:sharla.jones@osd.k12.or.us">sharla.jones@osd.k12.or.us</a></td>
<td>999 Locat Street NE</td>
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<tr>
<td>(503) 378-3078</td>
<td>Salem, Oregon</td>
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## Partnerships for Community Living

[pclpartnership.org](http://pclpartnership.org)

PCL's organizational vision is to create and continually evolve as an agency that is the most talent-enriched, person-centered, customer-focused provider of services to individuals with developmental disabilities.

### How to get involved:

Please contact director of human resources for more information on volunteer opportunities.

### Contact:

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<th>Jackie Allen, Director of Human Resources</th>
<th>Partnerships for Community Living</th>
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<tr>
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<td>480 Main St. East, PO Box 129</td>
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<td>Monmouth, Oregon</td>
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**Pinnacle Healthcare**

http://www.pinnacle-healthcare.com/

Pinnacle Healthcare Management, Inc. is a privately owned and operated healthcare network of post-acute nursing care and rehabilitation facilities. Leaders in the industry since 1948, Pinnacle Healthcare’s owners share four generations of experience managing eleven facilities throughout Oregon. We have a clear understanding of the post-acute and long-term care environment and are committed to setting the standard of care within the communities we serve.

How to get involved:

Contact Melanie Martinex for more information.

Contact:

Melanie Martinex
Pinnacle Healthcare
1077 Gateway Loop
Springfield, Oregon
97361

(541) 746-1020

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**Project Able**

http://projectableonline.com/

Project ABLE provides peer-peer support services for individuals with metal health diagnosis and/or facing mental health challenges. Project ABLE offers a full range of peer-to-peer support services, trainings, volunteer and leaderships opportunities.

How to get involved:

Create an account on the website to access various volunteer opportunities.

Contact:

Karen Gibson, Community Liason
Project Able
3876 Beverly Ave., Building G, Suite 7
Salem, Oregon
97305

(503) 363-3260
Salem Free Medical Clinics

http://www.salemfreeclinics.org/
“We collaborate with the medical community and area churches to run our clinic with dozens of highly committed medical professionals and volunteers. We strive for excellence in healthcare for every patient”.

How to get involved:
Create an account on the website to access a list of volunteer opportunities and to access application forms.
Contact:
Craig Oviatt, Director
Salem Free Medical Clinics
1300 Broadway St NE Suite #104
Salem, Oregon
97301
(503) 391-4346

Salem Hospital

http://www.salemhealth.org/home.php#!cep.student
Join our medical surgical teams by becoming an integrated volunteer on a nursing unit. Patient and Family Services volunteers restock rooms, discharge patients, and visit patients and their families. Note: volunteers do not provide direct patient care.

How to get involved:
Volunteer: Access the volunteer form, and read the required materials on the hospital’s website. You will need to call and set up a volunteer interview.
Internship: Willamette has several yearly internships in various departments. Contact the Career Center for more information about these opportunities.
Contact:
Earlene Naylor, Volunteer Services
Salem Hospital
665 Winter Street SE
Building B – 1st Floor
PO Box 14001
Salem, OR
97309-5014
(503) 561-5277
There are many opportunities, depending on whether you prefer to work directly with patients and their families or work as support staff in the office.

- Working directly with terminally ill patients in hospice;
- Spending time with patients as a friendly visitor;
- Helping families cope with a terminally ill loved one;
- Providing a vast variety of services for the patient and family;
- Providing support services in the office or on special projects; and/or
- Serving as a vigil volunteer during the last hours of the patient’s life.

How to get involved:
To apply for a volunteer position or to learn more about volunteering, contact the volunteer coordinator.
Contact:
Michelle Fuchs, Volunteer Coordinator
MFuchs@4sigantureservice.com
(503) 783-2470

Silverton Hospital
There are a number of ways volunteers support Silverton Hospital and our affiliated clinics and programs. Programs include Clerical Support, CareVan Transportation, Foot Clinic, Jr. Volunteers, Chaplains, in-house Auxiliary projects and much more. This past year, 25,000 volunteer hours were generously given to support the mission of Silverton Hospital.

How to get involved:
Clinical Outreach Clinic: Call to learn more about Volunteer Opportunities (503-873-0815) and speak with Clinical Educator.
Volunteer at Hospital: Fill out the application form and submit to Director of Volunteer services.
Internships: More information coming soon.
Contact:
Pattie Warkentin, Clinical Educator
pwarkentin@silvhosp.org
Judy Schmidt, Director of Volunteer Services
jschmidt@silvhosp.org
Silverton Hospital Network
208 S Water Street
Silverton, Oregon, 97381
(503) 783-2470
Special Olympics of Oregon

http://www.soor.org/

Inspire greatness. No other maxim could be more fitting for Special Olympics Oregon, an organization that, at every level, flourishes or fails on its ability to empower individuals. It applies, of course, to the remarkable athletes who, by their very greatness, inspire the staff, board, and volunteers, and extends to excite the community as a whole.

How to get involved
Complete online volunteer form to be assigned to opportunities.

Contact Information
Judi and Steve Henshaw, Marion County Program Coordinators
soormarioncounty@aol.com
(503) 362-8408

Special Olympics of Oregon
PO Box 3579
Salem, Oregon, 97302

The Joys of Living Assistance Dogs

http://www.joydogs.com/

Our mission is to provide a skilled, devoted companion to support and assist a person living with disabilities -- creating a cohesive team focused on building a life of greater freedom and independence.

How to get involved:
Contact the volunteer coordinator (at the provided email) to raise an assistance dog, be a ‘Puppy Petter’, or to help fundraise for the program.

Contact:
Volunteer Coordinator
info@joydogs.org
(503) 362-8408

Joys of Living Assistance Dogs
P.O. Box 21804
Salem, Oregon, 97303
The Trauma Intervention Program

http://www.tipnw.org/

Trauma Intervention Program Inc. (TIP), a national non-profit organization was founded in 1985. TIP has 16 affiliates serving over 250 cities across the nation. Each affiliate, citizen volunteers respond to traumatic incidents at the request of Police, Fire and Hospital personnel to support those who are emotionally traumatized.

How to get involved:
Volunteer programs include Crisis Response, TIP4teens, TIP4kids. Each program requires enrollment into a training program, requiring a $50 registration fee. To learn more about training and volunteering, call (503) 823-3937 or submit your inquiry via email.

Contact:
Academy Contact
tipstaffnw@yahoo.com
(503) 823-3937

TIP
4800 NE 122nd Avenue
Portland, Oregon
97230

United Methodist Retirement Center

http://www.unitedmethodistretirementcenter.org/about-umrc-salem.html

Founded in 1909, the United Methodist Retirement Center has earned and enjoyed a reputation throughout its existence for providing high quality, innovative housing and services to low and moderate income elderly. Open to all, the United Methodist Retirement Center is committed to providing a life-affirming community, through end of life, by providing high-quality and affordable housing and support services, in an atmosphere where residents, children and staff become an extension of family and each person’s dignity, worth and choice are respected.

How to get involved:
Contact Volunteer Coordinator to discuss volunteer opportunities and application.

Contact:
Volunteer Coordinator
info@unitedmethodistsretirementcenter.org
(503) 585-6511

United Methodist Retirement Center
1625 Center Street NE
Salem, Oregon
97301
Willamette Family Medical Center

www.wfamilymed.org

It was the vision of three primary care doctors to create a clinic that served unmet needs of uninsured/underinsured residents of Marion-Polk Counties. In 1995, this vision became reality with the founding of Willamette Family Medical Center (WFMC). Established as a non-profit 501(c)(3) medical clinic, no patient is denied care based on an inability to pay.

How to get involved
Volunteer: Volunteer to be a mentor, read to children, or translate. View the website to see full list of opportunities and to download Volunteer Application!

Internship: Contact special projects consultant concerning internship.

Contact Information
Rachel Dunnington
Special Projects Consultant
(503) 485-3905
Willamette Family Medical Center
755 Medical Center Dr.
Salem, Oregon
97301

Willamette Valley Hospice

http://www.wvh.org/

We offer a variety of volunteer opportunities:
• Provide a respite break for a family caregiver
• Help with grief support groups for adults and children
• Help with fundraising events
• Become a pet therapy volunteer

Help with our Camp Mighty Oaks summer camp for grieving children

And More....

How to get involved
Complete volunteer form and submit it to info@wvh.org.

Contact Information
Brittney Blakely, Volunteer Coordinator
brittneyb@wvh.org
(503) 588-3600
Willamette Valley Hospice
1015 3rd Street NW
Salem, Oregon
97304