Welcome to the Psych major! Below, you will find a list of the requirements for completing the major, along with some key issues to keep in mind for schedule planning. If you have questions, please discuss them with your advisor.

### Introductory Course in Psychology (1.0 units total)

- **PSY210** – Introduction to Psychology (1.0 unit) -- may be waived with score of 4 or higher on AP Psych exam or 5 or higher on IB Psych exam

### Breadth Requirement: One course in each of four “categories” (4.0 units total)

<table>
<thead>
<tr>
<th>Category</th>
<th>Course Titles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical / Applied Psych</td>
<td>(choose 1 course – 1.0 unit)</td>
</tr>
<tr>
<td>Biological and Psychophysical Processes</td>
<td>(choose 1 course – 1.0 unit)</td>
</tr>
<tr>
<td>Learning &amp; Cognitive Processes</td>
<td>(choose 1 course – 1.0 unit)</td>
</tr>
<tr>
<td>Developmental &amp; Personality / Social Psych</td>
<td>(choose 1 course – 1.0 unit)</td>
</tr>
</tbody>
</table>

- **Clinical / Applied Psych**
  - PSY310 – Clinical Psychology
  - PSY321 – Psych for Sustainability
  - PSY335 – Adult Psychopathology
  - PSY337 – Abnormal Psych: Child/Adolescent
  - PSY370.A – Topical Course (PSY370.A is used for additional courses in this category. Specific course titles may vary.)
  - *PSY354 – Psych of Women & Gender (prior to F16 only)*

- **Biological and Psychophysical Processes**
  - PSY345 – Biopsychology
  - PSY351 – Sensation & Perception
  - PSY355 – Cognitive Neuroscience
  - PSY370.B – Topical Course (PSY370.B is used for additional courses in this category. Specific course titles may vary.)

- **Learning & Cognitive Processes**
  - PSY340 – Psych of Learning
  - PSY350 – Cognitive Processes
  - PSY370.C – Topical Course (PSY370.C is used for additional courses in this category. Specific course titles may vary.)

- **Developmental & Personality / Social Psych**
  - PSY330 – Developmental Psych: Lifespan
  - PSY331 – Developmental Psych: Adolescence
  - PSY332 – Personality Psych
  - PSY336 – Social Psych
  - PSY370.D – Topical Course (PSY370.D is used for additional courses in this category. Specific course titles may vary.)

Note: You can complete the categories in any order you wish. The breadth requirement is typically fulfilled concurrently with the Research Methods requirement (see below). Many students finish the breadth requirement during the senior year.

### Research Methods & Analysis Sequence (2.0 units total)

- **PSY252W** – Research Methods & Analysis I (1.0 unit; must pass with C- or better to continue to PSY253; cannot be attempted more than 2x)
- **PSY253** – Research Methods & Analysis II (1.0 unit)

Note: PSY253 must be completed before you begin your senior internship. If you are interested in a summer internship, you should complete PSY253 no later than spring of your junior year.

### Senior Experience & Advanced Seminar Course (2.25 units total)

- **PSY300** – Internship Orientation (.25 units)
  - This course is offered annually in the spring. You should take it spring of your junior year.
  - In this course, you will learn about the array of field and research internship options for your senior year. PSY498W. Students studying abroad spring of their junior year can have this requirement waived, but will still need to submit a senior year internship plan, working in coordination with the PSY300 faculty.

- **PSY498W** – Major Program Internship (1.0 units)
  - This course is offered annually in the fall. You will take it fall of your senior year. The course includes a minimum of 168 hours of direct service in a field site in the local community (field interns) or in a research lab on campus (research interns). See department web page for more details.

- **PSY430** – Topical Seminar in Psych (1.0 unit)
  - Each year, faculty offer small topical senior seminars. Plan to take one of the PSY430 offerings in fall or spring of your senior year (some students may take the course as a junior). PSY253 is required prior to taking the seminar. The seminar will be largely discussion-based, and you will write a major scholarly paper in this course.

**Important Notes:**

- In addition to the PSY courses above, majors must complete one lab-based science course.
- If planning study abroad, it’s best to go prior to spring of junior year (to allow PSY300 enrollment & timely pre-req completion).
- You are only allowed a total of 10 courses with the PSY prefix to count toward the minimum 31 units to graduate (not including PSY300 or PSY498). Thus, you can only take two additional PSY courses and have them count toward your 31 required units for graduation.
### 8-Semester Schedule Planning

<table>
<thead>
<tr>
<th>1st Year</th>
<th>2nd Year</th>
<th>3rd Year</th>
<th>4th Year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FALL</strong></td>
<td><strong>FALL</strong></td>
<td><strong>FALL</strong></td>
<td><strong>FALL</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SPRING</strong></td>
<td><strong>SPRING</strong></td>
<td><strong>SPRING</strong></td>
<td><strong>SPRING</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**General Education Requirements** (see online university resources for details)

- College Colloquium:
- 3 Writing Centered Courses (at least one must be at 300- or 400- level):
  - In major (PSY252W fulfills)
  - Out of Major
  - Your choice (PSY498W fulfills)
- 2 Quant / Analytic:
  - QA* (PSY252W fulfills)
  - QA* or QA course (PSY253 fulfills)
- Non-English language requirement (multiple ways to satisfy; see online university resources for details)
- 6 MOs
  - Nat’l World
  - Creating Arts
  - Think Historically
  - Interpret Texts
  - Examining Values (Prior to F14, this is “AARV”)
  - Understand Society (PSY210 fulfills starting in F14)

**Psych Major Requirements** (see previous page for details)

- Intro Psych (1.0 unit)
- Breadth Requirement (4.0 units)
  - Developmental & Social / Personality
  - Biological / Psychophysical Processes
- Research Methods Sequence (2.0 units)
- Research Methods & Analysis I
- Senior Experiences & Advanced Seminar Course (2.25 units)
  - Internship Orientation (PSY300)
  - Topical Seminar (PSY430)

---

**Use your degree audit as the ultimate guide to check which requirements remain to be fulfilled!!! **