

Objective

To enhance and improve the health, wellness, and education of students through establishing relationships and making education relevant to the students. My objective is to obtain a full time teaching job at any level teaching physical education and/or wellness skills.

Education

Willamette University, Salem, OR
Master of Arts in Teaching
Anticipated Graduation: June 2011

Willamette University, Salem, OR
Bachelor's Degree – Liberal Arts
Major: Exercise Science
May 2008

Teaching Experience

McNary High School, Keizer, OR
August 2010 – June 2011 (In progress)
Student Teacher Personal Fitness, 9th Grade

- Team Sports, 9th & 10th Grade
- Wellness Skills for Life 1, 9th Grade
- Establish classroom management with diverse classroom settings.
- Establish relationships with all students.
- Reflect on lessons, successes, and difficulties and execute improvements for future lessons.
- Differentiate activities, teaching, and learning styles to keep students engaged.
- Participate in Health and Physical Education Professional Learning Teams.
- Incorporate technology and computer lab experience for students in lessons.

Judson Middle School, Salem, OR
February 2011 – June 2011 (In progress)
Student Teacher

Wellness Skills for Life, 8th Grade

- Prepare daily lesson plans for the course.
 - Used differentiated instruction to keep the students engaged.
 - Established relationships with the students through daily interaction.
 - Used technology to engage and enhance student learning.
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Washington Elementary School, Salem, OR
August 2010 – December 2010

Student Teacher

- Physical Education, Grades: 1 through 5
- Establishing a close relationship with all of my students.
- Prepare daily lessons for students with various different skill levels.
- Used music in daily lessons to hook and engage students in lessons.
- Used modeling and the gradual release model in daily lessons.
- Participate in Professional Learning Community for Elementary Physical Educators.

McNary High School, Keizer, OR
February 2011 – June 2011

Volunteer Track Coach – Discus Coach

- NFHS Course “Fundamentals of Coaching”
- ACTive Athletic Concussion Training for Coaches
- Anabolic Steroid and Performance-Enhancing Drugs Assessment
- Coached both male and female beginner and J.V. athletes.
- Established quick relationships and bonds with the athletes.
- Communicated daily with head throws coach about athlete progress.

Kennedy High School, Mt. Angel, OR
February 2009 – June 2010

Assistant Track Coach – Head Throws Coach

- Prepared practice plans for the discus, shot put, and javelin.
- Experience coaching beginners through state champions.
- Coached four athletes at the 2A State Championship.
- Conducted weekly conditioning to improve performance.

Professional Development

- Attended the Oregon Technology in Education Network Conference, October, 2010
- Attended the Oregon Alliance for Health, Physical Education, Recreation, and Dance (OAHPERD) Conference, October, 2010
- Attended the Salem-Keizer Physical Education and Health In-Service, March 2011

References

Excellent references on request
