CAMPUS RECREATION

WELLNESS PROGRAM

PERSONAL TRAINER APPLICATION

The Wellness Program, in conjunction with the Department of Campus Recreation, is currently hiring students for the position of Personal Trainer. The Wellness Program consists of three main pillars – Exercise, Nutrition, and Rest. This position works with the Fitness Program Manager and Wellness Program Coordinator to offer Willamette University students personal training services. The work schedule will vary from week to week as the position is scheduled based on clientele requests. Hourly rate of pay begins at $10.00/session.

Areas of Involvement
- Complete personal training certification
- Develop profile and areas of emphasis
- Conduct consultations with clients
- Create workouts based on clientele goals
- Communicate closely with Exercise Program Coordinator and Fitness Center Staff

Completed applications for the Personal Trainer position should be submitted by **Monday, April 4th at 3:00pm** to the Campus Recreation Office, 2nd floor UC. Upon submission, you will be contacted about an interview.

A completed application includes:
- A current resume
- a list and description of all your campus activities (both currently this year and next year)
- completed answers to the supplemental questions on a separate sheet of paper
- completed grade and conduct release form (last page)

For more information about these positions, please call Bryan Schmidt, Director of Campus Recreation, at (503)370-6812.
Willamette University Wellness Program

Personal Trainer Application

Please give information for each blank provided. Print or type legibly.

Name __________________________________________

WU Box # ________________________________   Cell Phone #(___) __________________

WU Email ________________________________   WU ID # __________________________

Class Standing Fall 2016:   SO   JR   SR   (please circle one)

Will you be planning to go abroad in 2016-2017?   Y   N

If yes, please indicate which semester(s) __________________________________________

Major(s): ________________________________   Minor: __________________________

Are you receiving FEDERAL work study, and how much? (please circle “Federal” if yes)

Are you currently or anticipate participating in Varsity Athletics?   YES   NO

   If yes, please list the sport. ________________________________________________

Are you currently or anticipate participating in Club Sports?   YES   NO

   If yes, please list the sport. ________________________________________________

References: please list your faculty/staff/administrator name, campus phone # and email

1. ________________________________________________

2. ________________________________________________

Please complete the following questions on a separate sheet(s) of paper. (Typed, single space, 12 point size)

This is the only written means we can assess you so please be thorough.

1. Why are you interested in being a personal trainer?
2. What experiences do you possess that make you an ideal candidate for this position?
3. What is one program you would like to see implemented in the fitness center?

Return this completed application to the Campus Rec Office, 2nd Floor UC, by Monday, April 4th at 3:00 pm.
The information in the application is true and correct. I authorize the Department of Campus Recreation to conduct a routine inquiry of my references and conduct records checks with the Office of Rights and Responsibilities, and conduct grade point average checks during the processing of my application in order to provide necessary information in determining my eligibility for employment. I further understand that for evaluation purposes this information will be shared with members of the selection committee (Department of Campus Recreation professional staff and student members when applicable).

Signature: ________________________________ Date: ___________________