

## ***Union Gospel Mission of Salem***

**Purpose Statement:** To break the cycle of homelessness, addiction and incarceration.

**Opportunities for individuals and for groups:** Receptionists, tutors, personal shoppers, meal servers, administrative office volunteers, mission store volunteers among other opportunities!

**Contact information:** Sharalyn Bechtel, Volunteer Coordinator at [sbechtel@ugmsalem.org](mailto:sbechtel@ugmsalem.org)

**Volunteer application:**

<http://www.ugmsalem.org/wp-content/uploads/03.2014-UGM-Volunteer-Application.pdf>

## ***Kroc Center***

**Mission:**

The Salvation Army Kroc Corps Community Center of Salem, OR (Kroc Center) embodies the very best of The Salvation Army's service and mission impact for the 21st century. The Salvation Army is committed to producing tangible outcomes that will build character, confidence and competence in the children and families of the Mid-Willamette Valley region and throughout the State of Oregon.

**Volunteering opportunities:** Long-term and micro-volunteer (one time/special event) go to:

<https://volunteer.usawest.org/>

**Volunteer Application:** Contact the volunteer coordinator.

**Contact Information:**

-Phone: (503) 798-4783

-Fax: (503) 798-4883

-E-mail: [volunteer@salvationarmysalem.org](mailto:volunteer@salvationarmysalem.org)

-Mailing address: ATTN: Caroline Cummins, P.O. Box 7047, Salem, OR 97303

## ***Habitat for Humanity***

**Mission:** To seek and eliminate poverty and homelessness from the world. To accomplish this goal, Habitat for Humanity invites people of different backgrounds to arrive and help build houses for families that are in need of a home for their own.

**Volunteer opportunities:** <http://www.salemhabitat.org/volunteer/currentvolunteerneeds.html>

**Volunteer Application:** Sign up at <http://www.volunteerup.com/Login.asp?w=i&o=11> or call.

**Contact information:** (503)364-6642

## ***Mid Valley Mentors***

**Who they are:** is a nonprofit agency that provides volunteer mentors to at risk youth, ages 4 -18 in Marion and Polk counties. They will train you and match you with a child in need. Their mentors spend one hour a week for one year with their match hanging out, enjoying activities and generally being a friend and a role model.

**Application:** <http://midvalleymentors.org/full-mentor-application/>

**Contact Information:** 503-585-4972

## ***American Red Cross***

**Who they are:** A humanitarian organization, provides relief to victims of disaster and helps people prevent, prepare for and respond to emergencies.

**Volunteer Opportunities:** To find volunteer positions, simply go to the link below.

### **Volunteer Application**

[https://volunteerconnection.redcross.org/?nd=intake&entry\\_point\\_id=332&unit\\_id=944&logout=1](https://volunteerconnection.redcross.org/?nd=intake&entry_point_id=332&unit_id=944&logout=1)

**Contact Information:** 503-585-5414

## ***Willamette Humane Society***

**Volunteer Opportunities:** Adoption Ambassadors, cat hospitality team, dog walkers, Humane-a-team, Kennel Buddies and so many more. To see the entire list and learn more about each of them go to <https://whs4pets.org/get-involved/volunteer/volunteer-opportunities/>

**Before you Fill out the Application:** Attend one of the orientations which are on the first Monday and Thursday of every month from 5:30-7pm.

**Volunteer Application:** <https://whs4pets.org/get-involved/volunteer/volunteer-application/>

**Contact Information:** 503.585.5900

## ***Marion County Food share***

**Mission:** Providing emergency food assistance and increasing self-sufficiency for families living with limited resources. Our mission to END hunger is accomplished with the support of the local community and through a variety of innovative programs.

**Volunteer Opportunities:** You can volunteer individually or in a group

### **Volunteer Application:**

Individual: <https://www.volgistics.com/ex/portal.dll/ap?AP=55807369>

Group: <https://www.volgistics.com/ex/portal.dll/ap?AP=21719122>

### **Contact Information:**

Janet Spingath at 503-581-3855 ext. 311 or [jspingath@marionpolkfoodshare.org](mailto:jspingath@marionpolkfoodshare.org)

## ***Shangri-La Corporation***

**Mission:** Working to improve and enrich the lives of Oregonians living with disabilities, mental illness or economic challenges.

**Volunteer Opportunities:** share skills, build relationships, help with events

**Contact Information:** Ashley Erb at 503-581-1732 x328 or [volunteer@shangrilacorp.org](mailto:volunteer@shangrilacorp.org)

## ***Salem Hospital***

**Mission:** To improve the health and well-being of the people and communities we serve.

**Volunteer:** You have to be able to commit to a regular, weekly 3-hour shift for 6 months. You must attend an information session before you can get interviewed to be a volunteer. Call 503-561-5277 to register for a session.

Application: <http://www.salemhealth.org/volunteers/stu.php>

### ***League of Women Voters of Oregon***

**Mission:** League of Women Voters® of Oregon Education Fund works to encourage active and informed participation in government and to increase understanding of major policy issues. The Education Fund seeks to empower citizens to understand governmental issues and to participate in the political process. We seek to provide balanced, accurate, nonpartisan information to all Oregonians.

**Volunteer opportunities:** Registering people to vote and helping out at their main office. Scroll to the bottom of this page for more information: <http://www.lwvor.org/about-2/volunteer/>

**Contact information:** [lwvor@lwvor.org](mailto:lwvor@lwvor.org), 503-581-5722

### ***HandsOn Willamette Valley***

**Mission:** HandsOn mobilizes volunteers to create positive change in our community.

**Volunteer opportunities:** Various, use this form to search:

[http://www.handsonw.org/HOC\\_Volunteer\\_Opportunity\\_Search\\_Page](http://www.handsonw.org/HOC_Volunteer_Opportunity_Search_Page)

**Contact information:** [volunteer@handsonw.org](mailto:volunteer@handsonw.org)

### ***The Arc Marion County***

**Mission:** The Arc of Marion County supports children and adults with intellectual and developmental disabilities by providing services to enhance their dignity, expand their opportunities and protect their rights throughout their lifetime.

**Volunteer opportunities:** Contact them for current opportunities at

<http://www.thearcmarion.org/contact/>

**Contact information:** 503-689-7589

### ***Adaptive Riding Institute***

**Mission:** Providing equine assisted therapy to children and adults in Salem and surrounding counties. ARI serves people with physical, sensory, learning and emotional issues and maintains a herd of 12 amazing therapy horses and ponies.

**Volunteer opportunities:** <http://www.adaptiveridinginstitute.org/arivolunteer.html>

**Volunteer application:** <http://www.adaptiveridinginstitute.org/ariforms.html#Feb2013Volunteer>

**Contact information:** [info@adaptiveridinginstitute.org](mailto:info@adaptiveridinginstitute.org), 503-783-3490

### ***City of Salem***

**About:** The City of Salem government works to help citizens of Salem by providing resources such as the Parks, Library, and Fire Departments.

**Volunteer opportunities:**

<http://www.cityofsalem.net/Residents/Pages/VolunteerOpportunities.aspx>

**Volunteer application:** Varies, check the volunteer opportunities link for more information.

**Contact information:** Varies, check the volunteer opportunities link for more information.

### ***Friends of Trees***

**About:** To bring people in the Portland-Vancouver, Salem and Eugene-Springfield metro areas together to plant and care for city trees and green spaces.

**Volunteer opportunities:** Help plant trees either as an individual or a group

<http://www.friendsoftrees.org/volunteering/volunteer-in-salem>

**Volunteer application:** Fill out this form to learn about upcoming opportunities:

<https://docs.google.com/a/willamette.edu/spreadsheet/viewform?formkey=dGhGNTNlczJwQ3hi bHZaVkNtUWVYNGc6MA>

**Contact information:** [fot@friendsoftrees.org](mailto:fot@friendsoftrees.org), 503-282-8846

### ***Garten Services***

**About:** Garten's mission is to support people with disabilities in their effort to contribute to the community through employment, career, and retirement opportunities.

**Volunteer opportunities:** <http://www.garten.org/services/admin/oregon/C29/>

**Contact information:** 503-581-1984

### ***Salem-Keizer School District***

**About:** In partnership with the community, we ensure that each student will have the essential knowledge, skills and attitudes to be a lifelong learner, a contributing citizen and a productive worker in a changing and increasingly diverse world.

**Volunteer opportunities:** Help Salem-Keizer schools with tutoring, office work, and more.

<http://www.salkeiz.k12.or.us/sites/default/files/salkeiz/volunteer-brochure-20110913.pdf>

**Volunteer application:** <http://www.skeducationfoundation.org/volunteers/form>

**Contact information:** 503-399-3000, <http://www.salkeiz.k12.or.us/contact>

### ***Center for Hope and Safety***

**About:** Our agency (formerly Mid-Valley Women's Crisis Service) offers a safe refuge and support to victims and survivors of domestic violence, sexual assault, stalking and human trafficking. Our programs and services inform survivors of their options and support them in their choices. A cornerstone of our philosophy is respect for the rights of all survivors, including the freedom to decide whether to report to the police the crimes committed against them. We work with survivors of any race, color, creed, religious belief, sexual orientation, or gender identity.

**Volunteer opportunities:** Helping the staff in their new office at 605 Center St. NE

**Contact information:** 503-378-1572, [volunteer@hopeandsafety.org](mailto:volunteer@hopeandsafety.org)

### ***Salem Carousel***

**About:** The mission of Salem's Riverfront Carousel is to enhance the quality of life in the Willamette Valley by invigorating community cohesiveness, fostering cultural and educational opportunities, creating a living history, and increasing tourism.

**Volunteer opportunities:** Various, check out their brochure for more information:

[http://media.wix.com/ugd/57e0dc\\_6b463ee80ac1d43674ad3f51ba5433a6.pdf](http://media.wix.com/ugd/57e0dc_6b463ee80ac1d43674ad3f51ba5433a6.pdf)

**Contact information:** Laura Tea-Pelley is the volunteer coordinator. She can be reached at 503-540-0374 and [lauratp@salemcarousel.org](mailto:lauratp@salemcarousel.org).

### ***Salvation Army***

**About:** According to Feeding America, more than 48.8 million people face the threat of hunger daily in the United States. To help mitigate that threat, The Salvation Army serves 60 million meals to anyone in need through its many soup kitchens, sit-down meal programs, food pantries, mobile meals and community gardens. These nutritional meals assist homeless people of all ages, as well as individuals and families who may be down on their luck and in need of some extra assistance.

**Volunteer opportunities:** Work at the food bank at their family services center:

<https://volunteer.usawest.org/Shared/PDF/VolunteerPDF177.pdf>

**Contact information:** Call Caroline Cummings at 503-798-4783