

## Erik E. Nofle

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### EDUCATION

2007 Ph.D., Psychology (Personality-Social), University of California, Davis  
2004 M.A., Psychology (Personality-Social), University of California, Davis  
2001 B.A., Psychology (with honors), Grinnell College

### POSITIONS

2016- *Associate Professor*, Department of Psychology, Willamette University  
2010-2016 *Assistant Professor*, Department of Psychology, Willamette University  
2009-2010 *Assistant Professor*, Department of Psychology, Linfield College  
2008-2009 *Teacher-Scholar Postdoctoral Fellow*, Department of Psychology, Wake Forest University  
2007-2008 *Postdoctoral Research Fellow*, Department of Psychology, Wake Forest University

### GRANTS, FELLOWSHIPS, AND AWARDS

2018 Full-Year Sabbatical Award, Spring and Fall Semesters  
2016 Faculty Research Exchange to Tokyo International University  
2016 Faculty Council Faculty Award for Teaching, Scholarship, and Service  
2016 Atkinson Faculty Development Award, Willamette University (\$2,500)  
2015 iHuman Sciences Initiative Research Grant, Willamette University (\$6,000)  
2015 Center for Asian Studies Faculty Research Grant, Willamette University (\$4,000)  
2014 Center for Asian Studies Faculty Research Grant, Willamette University (\$4,000)  
2013 Atkinson Faculty Development Award, Willamette University (\$2,500)  
2013 Junior Faculty Research Leave Award, Spring semester leave  
2011-2013 New Frontiers in the Psychology of Character Grant, John Templeton Foundation (\$138,656)  
2011 iHuman Sciences Initiative Research Grant, Willamette University (\$6,000)  
2011 Atkinson Faculty Development Award, Willamette University (\$2,500)  
2008-2009 Teacher-Scholar Postdoctoral Fellowship, Wake Forest University  
2007 Travel award, APA Advanced Training Institute (Structural Equation Modeling)  
2006 Graduate Research Award, University of California, Davis  
2005 Travel award, Positive Psychology Summer Institute  
2005 Travel award, Society for Personality and Social Psychology  
2002-2005 NIH NRSA Pre-doctoral Fellowship in Affective Science  
2001 Summer Research Award, University of California, Davis  
2000 Summer Research Fellowship, Grinnell College

### RESEARCH INTERESTS

Personality variability, consistency, stability, and change; personality and prediction of life outcomes; character development; individual differences in attachment; functionalist approaches to emotion and behavior; emotions and personality traits; assessment and psychometrics.

## **PUBLICATIONS**

(student co-authors are underlined>

### **I. PEER-REVIEWED ARTICLES**

- \*Klimstra, T. A., \*Noftle, E. E., Luyckx, K., Goossens, L., & Robins, R. W. (2018). Personality development and adjustment in college: A multifaceted, cross-national view. *Journal of Personality and Social Psychology, 115*, 338-361. [\*sharing first authorship]
- Robinson, O. C., Noftle, E. E., Guo, J., Asadi, S., & Zhang, X. (2015). Goals and plans for Big Five personality trait change in young adults. *Journal of Research in Personality, 59*, 31-43.
- Chung, J. M., Robins, R. W., Trzesniewski, K. H., Noftle, E. E., Roberts, B. W., & Widaman, K. F. (2014). Continuity and change in self-esteem during emerging adulthood. *Journal of Personality and Social Psychology, 106*, 469-483.
- Kling, K. C., Noftle, E. E., & Robins, R. W. (2013). Why do standardized tests underpredict women's academic performance? The role of Conscientiousness. *Social Psychological and Personality Science, 4*, 600-606.
- Wilt, J., Noftle, E. E., Fleeson, W., & Spain, J. S. (2012). The dynamic role of personality states in mediating the relationship between extraversion and positive affect. *Journal of Personality, 80*, 1205-1236.
- Letzring, T. D., & Noftle, E. E. (2010). Predicting relationship quality from self-verification of broad personality traits among romantic couples. *Journal of Research in Personality, 44*, 353-362.
- Noftle, E. E., & Fleeson, W. (2010). Age differences in Big Five behavior averages and variabilities across the adult lifespan: Moving beyond retrospective, global summary accounts of personality. *Psychology and Aging, 25*, 95-107.
- Gillath, O., Hart, J., Noftle, E. E., & Stockdale, G. D. (2009). Development and validation of a state adult attachment measure (SAAM). *Journal of Research in Personality, 43*, 362-373.
- Fleeson, W., & Noftle, E. E. (2009). In favor of the synthetic resolution to the person-situation debate. *Journal of Research in Personality, 43*, 150-154.
- Fleeson, W., & Noftle, E. E. (2008). Where does personality have its influence? A supermatrix of consistency concepts. *Journal of Personality, 76*, 1355-1385.
- Fleeson, W., & Noftle, E. (2008). The end of the person-situation debate: An emerging synthesis in the answer to the consistency question. *Social and Personality Psychology Compass, 2*, 1667-1684.
- Noftle, E. E., & Robins, R. W. (2007). Personality predictors of academic outcomes: Big Five correlates of GPA and SAT scores. *Journal of Personality and Social Psychology, 93*, 116-130.
- Noftle, E. E., & Shaver, P. R. (2006). Attachment dimensions and the Big Five personality traits: Associations and comparative ability to predict relationship quality. *Journal of Research in Personality, 40*, 179-208.
- Robins, R. W., Noftle, E. E., Trzesniewski, K. H., & Roberts, B. W. (2005). Do people know how their personality has changed? Correlates of perceived and actual personality change in young adulthood. *Journal of Personality, 73*, 489-521.

### **II. PEER-REVIEWED, INVITED CHAPTERS**

- Noftle, E. E. (2015). Character across early emerging adulthood: Character traits, character strivings, and

- moral self-attributes. In C. B. Miller, R. M. Furr, A. Knobel, & W. Fleeson, (Eds.), *Character: New directions from philosophy, psychology, and theology* (pp. 490-521). New York: Oxford University Press.
- Noftle, E. E. & Fleeson, W. (2015). Intraindividual variability in adult personality development. In M. Diehl, K. Hooker, & M. Sliwinski, (Eds.), *Handbook of intraindividual variability across the lifespan* (pp. 176-197). New York: Routledge/Taylor & Francis.
- Fleeson, W., & Noftle, E. E. (2011). Personality research. In M. R. Mehl, & T. S. Conner, (Eds.), *Handbook of research methods for studying daily life* (pp. 525-538). New York: Guilford.
- Noftle, E. E., Schnitker, S. A., & Robins, R. W. (2011). Character and personality: Connections between positive psychology and personality psychology. In K. Sheldon, T. Kashdan, & M. Steger, (Eds.), *Designing the future of positive psychology: Taking stock and moving forward* (pp. 207-227). New York: Oxford University Press.
- Robins, R. W., Noftle, E. E., & Tracy, J. L. (2007). Assessing self-conscious emotions: A review of self-report and nonverbal measures. In J. L. Tracy, R. W. Robins, & J. P. Tangney, (Eds.), *The self-conscious emotions* (pp. 443-467). New York: Guilford.

### III. OTHER PUBLICATIONS: EDITORIALS, COMMENTS, ETC.

- Rauthmann, J. F., Beckmann, N., Noftle, E. E., & Sherman, R. A. (in press). Personality dynamics: A new frontier in personality psychology. *Personality and Individual Differences*.
- Adler, J. A., & Noftle, E. E. (2017). Letter from the editors. *P: The Online Newsletter for Personality Science*, Issue 12. <http://www.personality-arp.org/html/newsletter12/index.html>
- Noftle, E. E. (2017). Nice new developments but more on development? *European Journal of Personality*, 31, 559-560.
- Adler, J. A., & Noftle, E. E. (2016). Letter from the editors. *P: The Online Newsletter for Personality Science*, Issue 11. <http://www.personality-arp.org/html/newsletter11/index.html>
- Noftle, E. E. (2015). Personality pedagogy: Teaching the Big Five. In E. E. Noftle, & J. A. Adler, Eds., *P: The Online Newsletter for Personality Science*, Issue 10. [http://www.personality-arp.org/html/newsletter10/big\\_five.html](http://www.personality-arp.org/html/newsletter10/big_five.html)
- Noftle, E. E., & Adler, J. A. (2015). Letter from the editors. *P: The Online Newsletter for Personality Science*, Issue 10. <http://www.personality-arp.org/html/newsletter10/index.html>
- Noftle, E. E., & Gust, C. J. (2015). Powerful situations: Some real progress but some future considerations. *European Journal of Personality*, 29, 404-405.
- Noftle, E. E., & Adler, J. A. (2014). Letter from the editors. *P: The Online Newsletter for Personality Science*, Issue 9. <http://www.personality-arp.org/html/newsletter09/index.html>
- Adler, J. A., & Noftle, E. E. (2013). Letter from the editors. *P: The Online Newsletter for Personality Science*, Issue 8. <http://www.personality-arp.org/html/newsletter08/index.html>
- Noftle, E. E., & Gillath, O. (2009). Applying lessons from the person-situation debate to attachment theory and research. *Journal of Research in Personality*, 43, 260-261.

### IV. MANUSCRIPTS UNDER REVIEW AND IN PREPARATION

- Noftle, E. E., & Gust, C. J. (under review). Age differences in situation construals and situation-behavior contingencies of big five states across adulthood. *European Journal of Personality special issue:*

*Does Age Matter for Personality Psychology?*

Noftle, E. E., Srivastava, S., Donnellan, M. B., & Lucas, R. E. (in preparation). Great expectations for future personality change: Beyond the end of history illusion in personality prospection.

Noftle, E. E. (in preparation). The future expectations and desires of emerging adults in self-motivated, intentional personality change.

Noftle, E. E., Robinson, O. C., Woods, R. A., Nartova-Bochaver, S., Odagiri, N., & Jayawickreme, E. (in preparation). Cross-cultural similarities and differences in expectations and desires for personality change.

**RESEARCH PRESENTATIONS**

(student co-authors are underlined)

**I. CONFERENCES AND SYMPOSIA CHAIRED**

Hooker, K., & Noftle, E. E. (February, 2019). *Aging and cognition and social-personality psychology*. Symposium chaired at the Lifespan Social-Personality Preconference to the SPSP conference, Portland, OR.

Lodi-Smith, J., Noftle, E. E., & Schwaba, T. (February, 2019). Conference organizers of the Lifespan Social-Personality Preconference to the SPSP conference, Portland, OR.

Jayawickreme, E., & Noftle, E. E. (March, 2018). *Dynamics of personality change and growth*. Symposium chaired at the Personality Dynamics, Processes, and Functioning Preconference to the SPSP conference, Atlanta, GA.

Lodi-Smith, J., & Noftle, E. E. (January, 2017). Conference organizers of the Lifespan Social-Personality Preconference to the SPSP conference, San Antonio, TX.

Lodi-Smith, J., & Noftle, E. E. (January, 2016). Conference organizers of the Lifespan Social-Personality Preconference to the SPSP conference, San Diego, CA.

Lodi-Smith, J., & Noftle, E. E. (January, 2016). *Teaching lifespan social-personality development*. Symposium chaired at the Lifespan Social-Personality Preconference to the SPSP conference, San Diego, CA.

Noftle, E. E. (January, 2016). *Methods in lifespan social-personality psychology: Experience-sampling and other micro-longitudinal analysis*. Symposium chaired at the Lifespan Social-Personality Preconference to the SPSP conference, San Diego, CA.

Noftle, E. E., & Specht, J. (June, 2015). *Personality development in later life*. Symposium chaired at the biennial meeting of the Association for Research in Personality, Saint Louis, MO.

Lodi-Smith, J., Noftle, E. E., Whitbourne, S. K., (February, 2015). Conference organizers of the Lifespan Social-Personality Preconference to the SPSP conference, Long Beach, CA.

Noftle, E. E. (February, 2015). *Self-regulation*. Symposium chaired at the Lifespan Social-Personality Preconference to the SPSP conference, Long Beach, CA.

Lodi-Smith, J., Whitbourne, S. K., & Noftle, E. E. (February, 2014). Conference organizers of the Lifespan Social-Personality Preconference to the SPSP conference, Austin, TX.

Noftle, E. E. (February, 2014). *Moral and character development*. Symposium chaired at the Lifespan Social-Personality Preconference to the SPSP conference, Austin, TX.

Noftle, E. E., & Hooker, K. (January, 2013), *Intraindividual variability in adult development: Individual differences and within-person processes across behaviors, situations, cognitions, goals, hormones, and emotions*. Symposium chaired at the Lifespan Social-Personality Preconference to the SPSP conference, New Orleans, LA.

Bleidorn, W. & Noftle, E. E. (January, 2013), *The kids are alright! New insights into the mechanisms of personality maturation during emerging adulthood*. Symposium chaired at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Noftle, E. E., & Fleeson, W. (February, 2009), *Second generation questions in adult personality development*. Symposium chaired at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

## II. INVITED TALKS AT CONFERENCES AND UNIVERSITIES

Noftle, E. E. (July, 2018). *Intentional personality trait change in young adulthood as a crucible for self-actualization*. In W. Bleidorn & C. Hopwood (Chairs), *Self-actualization from a contemporary trait perspective*. Talk presented at the biennial meeting of the European Conference on Personality, Zadar, CROATIA.

Gust, C. J., Noftle, E. E., & Fleeson, W. (July, 2017). *More interested but less evaluated: Situation construals' link to trait-relevant behavior in old age*. In G. Luong, & A. Bielak (Chairs), *Advances in Intraindividual Variability Research: Implications for Lifespan Development*. Talk presented at the meeting of the International Association for Gerontology and Geriatrics, San Francisco, CA.

Noftle, E. E. (August, 2016). *Personality change across one year of study abroad*. Talk presented at the 4th Personality Summit: Expert group meeting on personality research and dissemination, Phippsburg, ME.

Noftle, E. E. (June, 2016). Some findings from the Noftle/Odagiri study of the American Studies Program. Talk presented to the International Exchange Office, Tokyo International University, Kawagoe, JAPAN.

Noftle, E. E. (June, 2016). Personality change across study abroad. Talk presented in Dr. Noriko Odagiri's class at Tokyo International University, Kawagoe, JAPAN.

Noftle, E. E. (May, 2016). Personality and personality development. Talk presented to the Kawagoe-Salem Friendship Society, Kawagoe, JAPAN.

Noftle, E. E. (May, 2016). Volitional personality change in emerging adulthood. Talk presented at the Board of Trustees Luncheon, Willamette University, Salem, OR.

Noftle, E. E. (January, 2016). Traits and goals within the moment and across time: An ESM longitudinal study of emerging adults. In K. McLean & M. Pasupathi (Chairs), *Idiographic approaches to personality at the levels of traits, goals, and narratives*. Talk presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Noftle, E. E. (July, 2014). *Self-motivated personality change in emerging adulthood*. In W. Fleeson & W. Bleidorn (Chairs), *What you want is who you are: Incorporating motivational components into traits in order to advance a functional perspective on personality*. Talk presented at the biennial meeting of the European Conference on Personality, Lausanne, SWITZERLAND.

Noftle, E. E. (February, 2014). *Are you a moral person? Examining the substance, stability, and outcomes of explicit moral self-views to gain insight into character*. In D. Gallardo-Pujol & T. Cohen (Chairs), *Current directions in the study of character: The four W questions (what, when, why and*

- where). Talk presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Noftle, E. E. (October, 2013). *Intentional personality change*. Talk presented at the Psychology Department Colloquium Series, Reed College, Portland, OR.
- Noftle, E. E. (October, 2013). *Intentional personality change*. Talk presented at the Psychology Department Colloquium Series, Colby College, Waterville, ME.
- Noftle, E. E. (June, 2013). *Stability and change in character in early emerging adulthood*. Talk presented at the Second Character Project Workshop, Wake Forest University, Winston-Salem, NC.
- Noftle, E. E. (June, 2013). *From amateur to auteur: Expectations and desires of early emerging adults for future personality change*. In A. Tackman & S. Srivastava (Chairs), Personality trait development across the lifespan: Examining correlates, causes, and consequences of change. Talk presented at the biennial meeting of the Association for Research in Personality, Charlotte, NC.
- Woods, R. A., & Noftle, E. E. (November, 2012). *Cross-cultural similarities and differences in future expectations and desires for personality change*. Talk presented at Tokyo International University of America, Salem, OR.
- Noftle, E. E., & Fleeson, W. (July, 2012). *Introducing trait-relevant behavior into the study of adult personality development: Age differences in Big Five behavior states and psychologically active characteristics of situations*. In C. S. Nave & M. D. Back (Chairs), How personality can be a truly behavioural science. Talk presented at the biennial meeting of the European Conference on Personality, Trieste, ITALY.
- Noftle, E. E. (June, 2012). *Stability and change in character in early emerging adulthood*. Talk presented at the Character Project Workshop, Wake Forest University, Winston-Salem, NC.
- Noftle, E. E. (March, 2012). *Expectations and desires of early emerging adults for future personality change*. Talk presented at the Social-Personality Colloquium Series, University of Oregon, Eugene, OR.
- Noftle, E. E. (January, 2012). *“Having” and “doing” in the study of character and personality: Dispositional and motivational aspects of character and relations to well-being*. In P. L. Hill (Chair), Confronting important questions in the study of moral personhood. Talk presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Noftle, E. E. (June, 2011). *Personality in context: Age differences and situation-based contingencies in big five behavior averages and variabilities across the adult lifespan*. Talk presented at the Center for Healthy Aging, Oregon State University, Corvallis, OR.
- Fleeson, W., & Noftle, E. E. (October, 2008). *Describing personality development in terms of actual behavior: Is adult personality development greater than previously realized?* In R. Hoyle (Chair), Research design and analyses. Talk presented at the annual meeting of the Society of Southeastern Social Psychologists, Greenville, SC.
- Noftle, E. E. (March, 2007). *Emotion and personality: Associations with behavior and life outcomes*. Talk presented at the Social-Personality Brownbag, Wake Forest University, Winston-Salem, NC.
- Noftle, E. E. (June, 2005). *Linking positive emotions to actions*. Talk presented at the Positive Psychology Summer Institute, University of Pennsylvania, Philadelphia, PA.
- Noftle, E. E. (June, 2005). *Linking discrete emotions to behaviors*. Colloquium presentation, Pre-doctoral Training Consortium in Affective Science, IPSR, University of California, Berkeley, CA.

Noftle, E. E. (July, 2004). *Differentiating emotions by their associated actions and inhibited impulses*. Colloquium presentation, Pre-doctoral Training Consortium in Affective Science, IPSR, University of California, Berkeley, CA.

Noftle, E. E. (July, 2003). *Linking actions to discrete emotions*. Colloquium presentation, Pre-doctoral Training Consortium in Affective Science, IPSR, University of California, Berkeley, CA.

### III. OTHER CONFERENCE PRESENTATIONS: TALKS

Noftle, E. E., Gust, C. J., & Fleeson, W. (June, 2015). *Changing contexts, changing traits: Older adults' situational construals and their relation to trait-relevant behavior*. In E. E. Noftle, & J. Specht, Personality development in later life. Talk presented at the biennial meeting of the Association for Research in Personality, Saint Louis, MO.

Kosaki, K., & Noftle, E. E. (March, 2013). *Examining the "how" and "why" of personality change: Potential change mechanisms and effects on well-being in first year college students*. Talk presented at the NASPA Conference, Orlando, FL.

Noftle, E. E., & Fleeson, W. (January, 2013). *Adult age differences in Big 5 trait-relevant behavioral variability, situational characteristics, and situation-behavior contingencies*. In E. E. Noftle & K. Hooker (Chairs), Intraindividual variability in adult development: Individual differences and within-person processes across behaviors, situations, cognitions, goals, hormones, and emotions. Talk presented at the Lifespan Social-Personality Preconference to the SPSP conference, New Orleans, LA.

Noftle, E. E. (January, 2013). *From amateur to auteur: Expectations and desires of early emerging adults for future personality change*. In W. Bleidorn & E. E. Noftle (Chairs), The kids are alright! New insights into the mechanisms of personality maturation during emerging adulthood. Talk presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Noftle, E. E. (October, 2011). *Positive future expectations and desires of early emerging adults in self-motivated personality change*. Talk presented at the 5<sup>th</sup> meeting of the Conference on Emerging Adulthood, Providence, RI.

Noftle, E. E. (July, 2010). *The future expectations and desires of emerging adults in self-motivated, intentional personality change*. Talk presented at the biennial meeting of the European Conference on Personality, Brno, CZECH REPUBLIC.

Noftle, E. E., & Fleeson, W. (February, 2009). *Adult development of behavioral variabilities and central tendencies*. In E. E. Noftle, & W. Fleeson (Chairs), Second generation questions in adult personality development. Talk presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Noftle, E. E., & Robins, R. W. (August, 2006). *The link between feeling and doing: Emotions and their associated behaviors*. Talk presented as part of a Hot Topics symposium at the annual International Society for Research on Emotions conference, Atlanta, GA.

### IV. OTHER CONFERENCE PRESENTATIONS: POSTERS

Robinson, O. C., Noftle, E. E., Guo, J., Asadi, S., & Zhang, X. (October, 2015). *Goals and plans for Big Five personality trait change in young adults*. Poster presented at the biennial meeting of the Society for the Study of Emerging Adulthood, Miami, FL.

Nanry, M. E., Noftle, E. E., Gosling, S. D., Rentfrow, P. J., & Potter, J. (April, 2014). *Regional personality differences in the United States: A comparison of three competing paradigms*. Poster presented at the annual meeting of the Western Psychological Association, Portland, OR.

- Christensen, C. R., & Nofhle, E. E. (April, 2014). *Personality change expectations in Japanese study abroad students*. Poster presented at the annual meeting of the Western Psychological Association, Portland, OR.
- Gust, C. J., Wiester, N. J., & Nofhle, E. E. (April, 2014). *Surface and depth in personality: Behavioral and motivational aspects of the Big Five and parallel development across two years of college*. Poster presented at the annual meeting of the Western Psychological Association, Portland, OR.
- Nanry, M. E., Nofhle, E. E., Gosling, S. D., Rentfrow, P. J., & Potter, J. (February, 2014). *Regional personality differences in the United States: A comparison of three competing paradigms*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Damian, R. I., Nofhle, E. E., & Robins, R. W. (June, 2013). *The link between feeling and doing: Discrete emotions and their behavioral sequelae*. Poster presented at the biennial meeting of the Association for Research in Personality, Charlotte, NC.
- Chung, J. M., Robins, R. W., Trzesniewski, K. H., Roberts, B. W., Nofhle, E. E., & Widaman, K. F. (June, 2013). *Continuity and change in self-esteem during emerging adulthood*. Poster presented at the biennial meeting of the Association for Research in Personality, Charlotte, NC.
- Woods, R. A., Nofhle, E. E., Nartova-Bochaver, S., & Robinson, O. C. (January, 2013). *Cross-cultural similarities and differences in future expectations and desires for personality change*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Gnerre, B., Kosaki, K., & Nofhle, E. E. (January, 2013). *Maximizing the college experience: Extraversion and conscientiousness and prediction of college adjustment outcomes*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Kosaki, K., Gnerre, B., & Nofhle, E. E. (January, 2013). *Pursuing the "how" and "why" of personality change: Potential change mechanisms and effects on well-being in first year college students*. Poster presented at the Lifespan Social-Personality Preconference to the SPSP conference, New Orleans, LA.
- Rauch, E. H., & Nofhle, E. E. (January, 2012). *Pursuing a functionalist account of behavioral differences between emotions by integrating the study of actions, inhibited actions, and big-five states*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Nofhle, E. E. (June, 2011). *Positive future expectations and desires of emerging adults in intentional personality change*. Poster presented at the biennial meeting of the Association for Research in Personality, Riverside, CA.
- Nofhle, E. E., Kling, K. C., & Robins, R. W. (January, 2011). *Why do standardized tests underpredict women's academic performance?: The role of Big Five Conscientiousness*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Nofhle, E. E. (January, 2010). *Emotion experiences of relief and links to behaviors and personality states*. Poster presented at the annual Emotion Preconference to the SPSP conference, Las Vegas, NV.
- Nofhle, E. E. (January, 2010). *Emerging adults' perceptions and desires in self-motivated, intentional personality change*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Nofhle, E. E., & Fleeson, W. (July, 2009). *High stability and high variability in personality validated in*



- observer reports*. Poster presented at the biennial meeting of the Association for Research in Personality, Evanston, IL.
- Wilt, J., Nofhle, E. E., & Fleeson, W. (May, 2008). *The role of personality states in mediating the extraversion - positive affect relationship*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Nofhle, E. E., & Fleeson, W. (February, 2008). *Developmental differences in density distributions of dispositions*. Poster presented at the annual meeting of the Association for Research in Personality, Albuquerque, NM.
- Nofhle, E. E., & Sutin, A. R. (February, 2008). *Attachment in emerging adulthood: Stability, change, and relation to trait affect over one year*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Nofhle, E. E., & Robins, R. W. (January, 2007). *Personality predictors of academic outcomes*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Gillath, O., Nofhle, E. E., Hart, J. J., & Stockdale, G. D. (January, 2007). *Development and validation of a state measure of adult attachment*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Nofhle, E. E., & Robins, R. W. (January, 2006). *The link between feeling and doing*. Poster presented at the Emotion Pre-conference at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Nofhle, E. E., Robins, R. W., Trzesniewski, K. H., & Roberts, B. W. (January, 2005). *Do people know how their personality has changed? Correlates of perceived and actual personality change in young adulthood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Nofhle, E. E., Robins, R. W., Trzesniewski, K. H., & Roberts, B. W. (July, 2004). *Do people know how their personality has changed? Correlates of perceived and actual personality change in young adulthood*. Poster presented at the biennial meeting of the European Conference on Personality, Groningen, THE NETHERLANDS.
- Nofhle, E. E., & Robins, R. W. (January, 2004). *Linking actions to discrete emotions*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

## **PROFESSIONAL AFFILIATIONS**

- Member, Association for Research in Personality (ARP), 2003-present
- Member, Society for Personality and Social Psychology (SPSP), 2003-present
- Member, Society for the Study of Emerging Adulthood (SSEA), 2013
- Member, European Association for Personality Psychology, 2004; 2010; 2012; 2014; 2018
- Member, Association for Psychological Science (APS), 2008-2009
- Member, American Psychological Association (APA), 2007
- Member, International Society for Research on Emotion (ISRE), 2005-2007

## **PROFESSIONAL SERVICE**

### **I. LEADERSHIP**

- Member, Council of Representatives, Western Psychological Association, 2016-present
- Committee Member, Association for Research in Personality Publications and Communications Committee, 2013-present
- Committee Member, Association for Research in Personality Awards Committee, 2015-2017
- Board Member at Large (elected position, 3 year term), Association for Research in Personality

Executive Committee, 2014-2016  
Postdoctoral Representative (elected position), Association for Research in Personality Executive Committee, 2008-2011

## II. CONFERENCE PROGRAM COMMITTEES AND GRANT REVIEWING

Grant Reviewer, Psychology section of the Beacon Project on “The Morally Exceptional: Who Are They and How Do They Function”, 2016  
Grant Reviewer, National Science Foundation: BCS: Social Psychology, 2015  
Reviewer, Society for Personality and Social Psychology Conference Symposium Review Committee, 2014  
Reviewer, Society for the Study of Emerging Adulthood Conference Review Panel, 2013  
Reviewer, American Psychological Association Conference Poster Review Committee, 2013  
Mentor Host, SPSP Conference GSC Mentor Lunch Host for “Mentoring Undergraduates in Research”, 2013  
Reviewer, Society for Personality and Social Psychology Conference Poster Review Committee, 2012; 2013

## III. EDITORIAL SERVICE

Co-editor:

*P: The newsletter of the Association for Research in Personality*, 2013-2017

Guest co-editor:

“Dynamic Personality” special issue, (with J. F. Rauthmann, N. Beckmann, & R. A. Sherman), *Personality and Individual Differences*, 2016-2018 (expected publication 2019)

Consulting Editor for:

*Social and Personality Psychology Compass*, 2018-present  
*Journal of Personality and Social Psychology: PPID*, 2015-present  
*Social Psychological and Personality Science*, 2015-present  
*Frontiers in Personality Science and Individual Differences*, 2010-present

Ad Hoc Reviewer for:

*American Educational Research Journal; Anxiety, Stress & Coping; Assessment; Canadian Journal of Behavioural Science; Cognition and Emotion; Developmental Psychology; Emotion; European Journal of Psychology of Education; European Journal of Personality; Journal of Applied Social Psychology; Journal of Experimental Psychology: General; Journal of Experimental Social Psychology; Journal of Family Psychology; Journal of Social Psychology; Journal of Personality; Journal of Personality Assessment; Journal of Personality and Social Psychology; Journal of Positive Psychology; Journal of Research in Personality; Journal of Social and Personal Relationships; Learning and Individual Differences; Personal Relationships; Personality and Social Psychology Bulletin; Psychological Assessment; Psychological Bulletin; Psychological Science; Research in Human Development; Social Psychological and Personality Science; The Australian Journal of Psychology*

## SPECIALIZED TRAINING

Portland State University Summer Quantitative Method Series: Longitudinal Data Analysis, Dr. Jason Newsom, Portland State University, 2012  
APA Advanced Training Institute on Structural Equation Modeling in Longitudinal Research, Drs. John McArdle and John Nesselrode, University of Virginia, Charlottesville, 2007  
NIMH Affective Science Training Workshop on Models for the Analysis of Individual Processes, Dr. Emilio Ferrer, University of California, Davis, 2005  
NIMH Affective Science Training Workshop on Statistical Models to Represent Growth and Change, Dr. Emilio Ferrer, University of California, Davis, 2005  
NIMH Affective Science Training Workshop on Magnetic Resonance Imaging (MRI), Dr. Brian Knutson, Stanford University, 2002  
NIMH Affective Science Training Workshop on Psychometrics and Self-Report Methods in Affective Science, Dr. Richard Robins, University of California, Davis, 2002

## **ACADEMIC SERVICE**

Chair, TIU-TIUA Relations Committee, Willamette University, 2015-2016  
Co-Chair, TIU-TIUA Relations Committee, Willamette University, 2014-2015, 2016-2017, 2019-  
Student Scholarship Recognition Day Session Moderator, Willamette University, 2012; 2014-  
2016  
Committee Member, TIU-TIUA Relations Committee, Willamette University, 2013-2014  
Committee Member, Student Scholarship Recognition Day, Willamette University, 2011-2012  
Co-coordinator, Social-Personality Colloquium Series, UC Davis, 2003-2007  
Graduate Student Association Treasurer, Psychology, UC Davis, 2003-2007  
Graduate Student Association Student Representative, UC Davis, 2001-2003

## **TEACHING AND MENTORING EXPERIENCE**

### **I. COURSES TAUGHT**

*College Colloquium (From εὐδαιμονία to Happiness)*  
Fall 2013, Fall 2014, Willamette University.  
*Introduction to Psychology*  
Fall 2008, Spr. 2009, Wake Forest University; Fall 2009, Spr. 2010, Linfield College;  
Spr. 2016, Fall 2016 (2 sections), Spr. 2019 (2 sections), Willamette University.  
*Research Methods and Analysis I*  
Spr. 2011, Fall 2011, Fall 2012, Spr. 2014, Spr. 2015, Fall 2015, Willamette University.  
*Orientation to Major Program Internship*  
Spr. 2012, Willamette University.  
*Personality Psychology*  
Summer 2007, UC Davis; Fall 2007, Wake Forest University; Fall 2009, Spr. 2010,  
Linfield College; Fall 2010, Spring 2012, Fall 2012, Fall 2013, Spr. 2015, Fall 2015, Spr.  
2017, Spr. 2019, Willamette University; Summer 2017, John Cabot University.  
*Personality Development*  
Spr. 2016, Fall 2016, Willamette University.  
*Seminar in Personality Psychology*  
Fall 2009, Linfield College; Fall 2010, Willamette University.  
*Seminar in Personality Development*  
Fall 2014, Willamette University.  
*Seminar in Personality Dynamics*  
Spr. 2017, Willamette University.  
*Senior Internship in Psychology*  
Fall 2010, Spr. 2011, Fall 2011, Willamette University.

### **II. MENTORING OF STUDENT RESEARCH**

*Mentor/Chair*, Honors Research Thesis (Madison Montemayor), Willamette University, 2016-  
2017  
*Mentor*, Research Internship (Kate Zurschmeide), Willamette University, 2015-2016  
*Committee Member*, Honors Research Thesis (Julia Childress), Willamette University, 2015-2016  
*Mentor/Chair*, Honors Research Thesis (Charleen Gust), Willamette University, 2014-2015  
*Mentor*, Research Internship (Emily Thimesch), Willamette University, 2014-2015  
*Committee Member*, Honors Research Thesis (Laura Cullen), Willamette University, 2014-2015  
*Committee Member*, Honors Research Thesis (Shannon Cain), Willamette University, 2014-2015  
*Mentor/Chair*, Honors Research Thesis (Megan Nanry), Willamette University, 2013-2014  
*Mentor*, Research Internship (Cody Christensen), Willamette University, 2013-2014  
*Committee Member*, Japanese Studies Thesis (Brianna Lum), Willamette University, 2013-2014  
*Mentor*, Character Project Grant Research Project (Rachel Woods), Willamette University,  
Summer 2013  
*Mentor/Chair*, Honors Research Thesis (Brian Gnerre), Willamette University, Summer 2012;  
2012-2013  
*Mentor*, Research Internship (Kayla Kosaki), Willamette University, Summer 2012; 2012-2013  
*Mentor*, Research Internship (Rachel Woods), Willamette University, 2012-2013

*Mentor/Chair*, Honors Research Thesis (Kellie Menghini), Willamette University, 2011-2012  
*Committee Member*, Honors Research Thesis (Sari Matisoff), Willamette University, 2011-2012  
*Mentor*, iHuman Sciences Initiative (iHSi) Grant Research Project (Erika Rauch), Willamette University, Summer 2011; 2011-2012  
*Mentor*, Research Thesis (Rachel Tsolinas), Willamette University, 2010-2011  
*Mentor/Chair*, Honors Field Internship Thesis (Kara Hafkey), Willamette University, 2010-2011  
*Committee Member*, Masters Thesis (Ryan Powell), Wake Forest University, 2007-2008  
*Co-mentor* (with Dr. Phillip Shaver), Honors Research Thesis (William Sherwin), UC Davis, 2002-2003

### **III. TEACHING TRAINING**

*Training*—Advising Workshops, Willamette University, 2013; 2014  
*Training*—College Colloquium Summer Workshops, Willamette University, 2013; 2014  
*Training*—Attended various talks/workshops at the Teaching and Learning Center, Wake Forest University, 2008-2009  
*Training*—Attended the 2006 TA Consultants Spring Quarter Workshop Series, UC Davis, April-June, 2006  
*Teaching Assistant*—Personality Psychology (5 times), Psychology of Emotion (3 times), Social-Personality Development (twice), Introduction to Psychology (twice), Social Psychology (once), Clinical Psychology (once), Research Methods (once), UC Davis, Fall 2001-Spring 2007

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